

**What’s On – APRIL 2024**

Dundee Groups/Activities/Services

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **For more information contact:****Shabana Basheer (Community Activities Organiser)** 🕿 07585 601599 Email:SBasheer@Alzscot.org**Jeni Sinclair (Dementia Advisor**🕿 07917 241024 Email: JeniSinclair@alzscot.org |  | **Please note there are no activities W/C 8 April** |  |
| **1** | **2** | **3** | **4** | **5** |
| **CARER COFFEE & CATCH UP**Alzheimer Scotland Morgan Street10.30am – 12.30pm(drop-in) |  | **FOOTBALL MEMORIES (DFC)**Dundee FC – Gardyne Campus(Dundee College) 2.00pm – 3.15pm | **DOWN MEMORY LANE**Reading Area (Leisure Reading Section) Dundee Central Library, Wellgate Centre,2.00pm - 3.30pm |  |
| **15** | **16** | **17** | **18** | **19** |
| **CARER COFFEE & CATCH UP**Alzheimer Scotland Morgan Street10.30am – 12.30pm(drop-in) | **MOVE IT OR LOSE IT\***RVSAlzheimer Scotland, Morgan Street10.30am – 12.30pm**\*\*(Pls note new time)** | **D’CAFÉ @ V&A**V&A DundeeEsplanade, Dundee2pm – 3.30pm | **FOOTBALL MEMORIES** **(DUFC)**Dundee Utd FCHegarty Suite, Tannadice Pk 2.00pm – 3.30pm  | **Dundee Tapestry at V&A Dundee**TOUR**Limited places – booking essential.**Shabana – 07585 601599 |  |
| **Music Makers**Alzheimer Scotland, Morgan Street2pm – 3.30pm - £2.50 pp |
| **22** | **23** | **24** | **25** | **26** |
|   | **MOVE IT OR LOSE IT\***Alzheimer Scotland, Morgan Street10.30am – 12.30pm**\*\*(Pls note new time)** | **BROTY FERRY WALKING GP**Meet at Broughty Ferry Library, Queen Street, Broughty Ferry1.30pm – 3pm Please contact Shabana if you are attending | **ALLOTMENT GROUP**Kinnaird Allotments, Law Hill, *Entrance on Law Rd, heading up to the Law*1.00pm – 3.00pm Please contact Shabana if you are attending | **BOOGIE**Craigie Bowling ClubDalkeith Road, Dundee**1.30 – 3.30pm****(Doors open 1.15pm)****Please contact Jeni to book your place****£3.50pp** |
| **29** | **30** |  |  |  |
| **CARER COFFEE & CATCH UP**Alzheimer Scotland Morgan Street10.30am – 12.30pm(drop-in) | **MOVE IT OR LOSE IT\*****RVS**Alzheimer Scotland, Morgan Street10.30am – 12.30pm**\*\*(Pls note new time)** | **D’CAFÉ @ ST AIDAN’S**St Aidan’s HallsBrook StreetBroughty Ferry2pm – 3.30pm |  | **Please note some of our activities need to be booked – please contact named person****\*Move It or Lose It is facilitated by RVS – please contact Jeni Sinclair for further information** | **A suggested donation of £2pp is welcomed at our activities, unless otherwise stated.****(Music Makers & BOOGIE)** |

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends.  All are welcome; people who can attend independently, andthose unable to do so should come with a companion who can provide any support for them. We don't provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us if you need support to explore the most suitable transport options for you.