



## Let's Talk Dementia Cafés in Dundee

Come along and enjoy refreshments in a relaxed and informal setting. The Café is for people living with dementia and their carers to meet others, gain information and Support and to socialise. There will be a Dementia Advisor on hand to support with queries and offer support.

### Location: V&A Dundee (Central)

V&A Dundee  
1 Riverside Esplanade  
Dundee

### Day & Time:

3<sup>rd</sup> Tuesday of the month                      2.00pm – 3.30pm

**(16<sup>th</sup> Aug | 20<sup>th</sup> Sept | 18<sup>th</sup> Oct | 8<sup>th</sup> Nov | 20<sup>th</sup> Dec)**

*Please note that for the month of November, the Café is taking place on the 2<sup>nd</sup> Tuesday of the month – this is due to a pre-existing event at the V&A on 15<sup>th</sup> Nov)*

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### Location: St Aidan's Centre (East)

St Aidan's  
Brook Street, Broughty Ferry  
Dundee

### Day & Time:

Last Tuesday of the month                      10.30am – 12.00 noon

**(30<sup>th</sup> Aug | 27<sup>th</sup> Sept | 25<sup>th</sup> Oct | 29<sup>th</sup> Nov)**

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### Location: Westend (West) – Launch 8<sup>th</sup> Sept – Thereafter:

Logie St Johns Cross Church  
Blackness Avenue, Dundee

### Day & Time:

First Thursday of the month                      2.00pm – 3.30pm

**(6<sup>th</sup> Oct | 3<sup>th</sup> Nov | 1<sup>st</sup> Dec)**

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For more information about any of the café's or services.

Please contact: Jeni Sinclair - 07917 241024 - [jenisinclair@Alzscot.org](mailto:jenisinclair@Alzscot.org)