

Spring 2023

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NEWS & UPDATES

Adult Disability Payment

Launch of consultation on the mobility component criteria

The Scottish Government is pleased to announce the launch of a public consultation on the eligibility criteria for the mobility component of Adult Disability Payment.

This consultation forms part of stage 1 of the review of Adult Disability Payment, ahead of an independent review which will begin later in 2023.



Findings from this consultation will be independently analysed and published. The analysis will be passed to the independent review to consider later this year. The Scottish Government intends to set out further information on the scope and remit of the independent review itself will be shared in the coming months.

They would like to request that you share this consultation with others so that interested people and stakeholders are aware and can contribute. They are keen to ensure that as many people as possible can contribute, whether by responding directly to the consultation or attending a consultation event.

For more information visit www.carersofdundee.org/news/adult-disability-payment-launch-of-consultation-on-the-mobility-component-criteria/



Scottish
Government
gov.scot

Carers Winter Assistance Fund

Dundee Carers Centre have been awarded funds from Dundee Health & Social Care Partnership to help to alleviate the increasing financial pressures that will be experienced by carers in the city between now and March 2023 and in recognition of the enormous role they play in our communities.

The Carers Winter Assistance Fund will provide financial assistance to unpaid carers in greatest need where they are unable to access financial help in other ways e.g. Scottish Welfare Fund.

Below are some examples but they are not restrictive to what you can apply for:

- Food and fuel (including public transport)
- Winter clothing
- White goods
- Bedding, furniture

In exceptional circumstances, the panel will consider requests for other items which may relieve winter cost pressures on carers

Dundee Carers Centre cannot accept applications for:

- Debt
- Anything that has already been purchased
- This fund is not for funding a short break. If you want to find out more about funding a short break, contact the Short Breaks Service at Dundee Carers Centre.

Closing Date is 5pm on 17th March 2023.

For more information visit:

www.carersofdundee.org/news/carers-winters-assistance-fund



CARERS WINTER ASSISTANCE FUND



Young Carers Action Day 2023

'Making Time for Young Carers'

Young Carers Action Day is a national event that raises awareness of young carers, and the incredible contribution young carers make to their families and their local communities.

This year we would like to take this theme 'Making Time for Young Carers' and focus on highlighting Dundee as a city where its young carers are identified and celebrated and where the experiences and contributions of our young carers are known, understood and valued.

This year we are inviting organisations, schools, youth groups, businesses and community groups to celebrate the diverse contribution of young carers in the city and to increase awareness of young carers and their contribution.

We are holding a showcase event on 15th March 2023 at the Overgate Centre.

Each group that takes part will present a day in the life of a young carer or a group of young carers, remembering the theme for this year of 'Making Time for Young Carers.'

The presentations will show:

- The types of tasks undertaken by young carers
- How young carers feel about their role
- The impact that being a young carer has on other parts of their lives
- Information, advice or support that is particularly helpful for young carers



Young Carer Roadshows

Young Carers Voice and Young Carer Ambassadors have been working hard to prepare a new roadshow to introduce all S1 pupils across the city to what it means to be a Young Carer. They have been unable to deliver roadshows since 2019 but this year throughout February and before the Young Carer Day in March they will be able to visit each secondary school. This year, for the first time, Roadshows will also visit a youth group to reach young people in the community. Young Carers Voice are looking forward to raising awareness of young carers and their amazing contribution with staff and young people across the city.

NHS Community Listening Service

Many of us find it helpful to talk, particularly during stressful events at home or work, or after a bereavement or loss.

Telling your story uninterrupted and judgment-free could help you to sort through your emotions. You may then be able to rediscover your strength and find a way forward.

The Community Listening Service provides 50 minute appointments with fully trained listeners on the phone or within your GP practice.

A Tayside patient who recently used the service told us: “The service made an immediate and immense difference to my stress levels... I cannot overstate the benefits of this service, and [the listener] was really wonderful to talk to.”

The service is available to anyone registered with a Tayside GP practice. Email tay.listening@nhs.scot, call 01382 423 116 or text 07967 771941 to make an appointment or find out more. Both staff-initiated and self-referrals are welcome.



Talking Tuesdays - Dundee United Community Trust

'Talking Tuesdays' have started at Tannadice and everyone is welcome to come along!

Join us for a free soup and sandwich provided by Enjoy Cafe Dundee and a good blether. Pop along to Hegarty Suite (access through Tannadice Main Reception) from 11.30am - 1pm.



Contact lindsey.brown@dundeeunitedct.co.uk if you would like more information.

Dundee and Angus College 'Places' Campaign



Dundee and Angus College have launched their 23/24 recruitment campaign as applications open for courses beginning in August.

The 'Places' campaign is highlighting Dundee and Angus College as the 'right place' to be - the ideal place to study, upskill, socialise and be part of a community.

To view our current courses, with places available, visit www.dundeeandangus.ac.uk or phone Dundee and Angus College on 0300 123 1036.

Flexible Learning for Carers

Are you a carer aged 16 - 65?

Dundee Carers Centre offers fully-funded, flexible training to help you gain skills, boost your CVs and get into work or education.

Visit our website to find out about qualifications in beauty, hospitality and trades - or if they don't fit just get in touch to discuss your interests.

www.carersofdundee.org/learning/education-and-employment

Contact Ellie or Vickie to find out more:

ellie.julings@dundecarerscentre.org.uk or 07713 993431

vickie.carnegie@dundecarerscentre.org.uk or 07770 891425



Coming Soon - Whole Family Wellbeing Fund

The Scottish Government has allocated £32m Whole Family Wellbeing Funding nationally as part of its commitment to support implementation of the findings of the Independent Care Review.

The Scottish Government aims to ensure that every family that needs support gets the right family support at the right time, to fulfil children's rights to be raised safely in their own families, for as long as it is needed.

We aim to shift investment towards early intervention and prevention activities, to ensure families can access support before they reach crisis point. Dundee Children's Service Planning Partnership will receive £894k per annum of this funding to 2026.

Dundee Volunteer and Voluntary Action, through stakeholder engagement, will be supporting the development of proposals for this fund.

More information on the fund criteria and application process will be available in March 2023, with allocation of the fund due in May 2023.

For more information email wfwf@dvva.scot



Dundee Carers Charter Updates

The Dundee Carers Charter continues to grow, with more and more businesses, organisations and individuals signing up. Some of the most recent to sign up are Serendipities Café and Dundee International Women's Centre, as well as schools such as Harris Academy, St Joseph's RC Primary, Camperdown and St Clement's Primary School.

Recently, Gemma Stewart, Carers Charter Marketing Officer, took part in a Let's Talk Episode with Paul Flemming; Interim Head of Education and Chief Education Officer and Fiona Low; Education Officer (Learning & Inclusion) to tell us why Dundee schools are signing up to be part of Dundee Carers Charter and why this is important for schools and young carers.

The work that Dundee Schools undertake in identifying and supporting young carers, in partnership with Dundee Carers Centre, has been recognised as sector leading across Scotland.

The presentation of the Carers of Dundee Charter to each and every school in the City is a way of recognising the excellent practice in Dundee schools of identifying and nurturing the amazing young carers of our city.

We are delighted that schools in Dundee are signing up to the Dundee Carers Charter and presentations for each individual school will be taking place over the coming months.

View the Let's Talk episode at www.carersofdundee.org/lets-talk



Dundee Carers Centre Announces New CEO

Dundee Carers Centre are delighted to announce the appointment of Neil Campbell as their new Chief Executive Officer.

Neil brings over 12 years experience of charity leadership and community development and joins the organisation having worked in the Church of Scotland since 2021, where he served as the Presbytery of Fife's Director of Mission.

Neil played a key role in the development of a Presbytery Mission Plan, the Presbytery's vision and strategy for the next five years.

Before joining Fife Presbytery, he worked in the East End of Dundee as Executive Director with Rocksolid, a community-based charity he founded in 2013 which is based at Douglas & Mid Craigie Church of Scotland.

"I am honoured and delighted to be joining Dundee Carers Centre and an amazing team of dedicated staff, trustees and volunteers," said Neil. "I'd like to thank the previous CEO Lucinda Godfrey and Interim-CEO Florence Garabedian for ensuring Dundee Carers Centre is in such a strong position. I am driven by values and committed to our culture of kindness, compassion and creativity. The cost of living emergency, health and social care challenges are having a disproportionate impact on unpaid carers and disabled people, and I look forward to working constructively with our partners and stakeholders across the city to provide the best possible support to those who need it." **Neil Campbell, newly appointed CEO**

"The Trustees are delighted to welcome Neil Campbell to the post of Chief Executive Officer at Dundee Carers Centre. Neil's passion, strong values and leadership qualities will be vital in supporting and developing services with staff, volunteers and the people who access our services. We look forward to Neil joining us over the next few weeks." **Professor Alan Baird, Convenor of the Board of Trustees**



Carers Community Budget

Do you live or go to school in Maryfield or the East End?

We need you to vote for your favourite or highest priority projects for unpaid carers in your area!

A co-design group of carers and workers created the Carers Community Budget as a participatory budgeting pilot to fund projects and services for unpaid carers in your local community.

Participatory budgeting is a way for people to have a direct say in how local money is spent. It gives local people a say on the issues that are important to them and brings people together at local and virtual events.

Our voting period allows the local community to tell us what's important to them. Voting runs from 25th February to 17th March 2023. You'll be able to vote online via our website, and at multiple paper ballot voting stations throughout your local community. We'll also be visiting schools and existing community groups to ask them to vote.

Please get in touch with Daisy if you know of a local group we could visit. Daisy can be reached at daisy.field@dundecarerscentre.org.uk or 07436 244666.

We'll be announcing the results of the vote on Thursday 23rd March.

www.dundecarerscentre.org.uk/carers-community-budget

UPCOMING EVENTS

You can find a complete list of events for carers, including local Carers Cafés, workshops and national events on the Carers of Dundee website.

www.carersofdundee.org/events

You can find Carers Of Dundee online at www.carersofdundee.org and also on Facebook and Twitter (@carersofdundee). If you'd rather receive your newsletter electronically, or, if you no longer wish to receive Carers Of Dundee News, just let us know by calling 01382 200422 or email us at support@carersofdundee.org