



We have a community programme where we run sessions and groups around arts, play and sports bringing people of all ages together combating isolation and promoting integration.

We do aim through our work to positively benefit mental wellbeing for refugee communities. We are a creative recycling and social justice organisation that for two years have worked closely with the New Scots (refugee and migrant) communities in the city. We employ an Arabic speaker as our New Scots Community Worker and have volunteers from both Ukrainian and Arabic speaking backgrounds.

We also have our community space in the Wellgate. We have creative workshops, community projects, events, childrens activities, and studios for artists to rent. For more information, pop into our Wellgate space, Thursdays 12 – 3pm! Contact us on 07519367490, or visit our website at [www.scrapantics.co.uk](http://www.scrapantics.co.uk).

## Transform



Our Services range from advice and accommodation to Volunteer opportunities and furniture through referral. We consistently work with people who have find themselves in particularly challenging circumstances. For more information, contact; [housingfirst@transformcd.org](mailto:housingfirst@transformcd.org) or call us on 01382 224 966!

## Dundee and Angus College



Dundee and Angus College has two campus sites in Dundee and one in Arbroath and provides education and training to students aged 16 and over.

We offer English for Speakers of Other Languages (ESOL) courses designed to help learners develop communication skills and gain confidence in English to live and work in the UK.

Applicants are invited to a group information session to assess their level of English and can enter the course on a full or part time basis, and at one of three levels suited to them.

We also have a Community Engagement Team who work across Tayside supporting young people, including refugees and asylum seekers, into learning.

Contact us

Our working hours are Monday – Friday from 8:30am – 4:30pm.

You can:

visit our campus Help Points, contact us by email

([heretohelp@dundeeandangus.ac.uk](mailto:heretohelp@dundeeandangus.ac.uk)), phone (0300 123 10 36) or use the live chat facility on our website

(<https://dundeeandangus.ac.uk/>)



DUNDEE VOLUNTEER & VOLUNTARY ACTION



# Dundee Carers Centre



We provide support to young and adult carers (aged 8 upwards) and can offer;

- Practical and emotional support
- Access to a variety of support groups, alternative therapies and social events
- Accreditation, courses and learning, both in person and online
- Continuation of support in bereavement
- Support for carers from Minority Ethnic communities, with workers fluent in Urdu, Punjabi, Mandarin and Cantonese.
- Outings and residential breaks
- Help and support to access further and higher education, or get back into work

Contact Us  
Dundee Carers Centre  
Seagate House 132 - 134  
Seagate Dundee,  
DD1 2HB  
Tel: 01382 200422  
[centre@dundeecarerscentre.org.uk](mailto:centre@dundeecarerscentre.org.uk)  
[www.dundeecarerscentre.org.uk](http://www.dundeecarerscentre.org.uk)

# Maxwell Centre



Mondays – Thursdays;  
Community Food Cupboard (9.30am - 3.30pm)

For Social Security Scotland appointments, please pre-book at reception (Mondays -9am - 5pm)

Ukrainian Over 60's (Fridays 1.30pm – 3.30pm)

We provide a warm and welcoming space to both children and adults, with multiple clubs on offer including crafts, cooking, and gardening. We also provide community internet access on Mondays and Fridays between 10am and 1pm.

Our support ranges from foodbank referrals, help finding your local food larder, Scottish welfare fund applications, Scottish child payment applications, blue badge/pension credit/bus pass applications, help with Universal Credit journals and job searching/general form filling.

We also provide referrals to money, legal and energy advice services, welfare rights, carer supports, and employment agencies. We can also support referral to agencies that help with PIP/Attendance allowance/Adult and Child disability payment form filling.

To find out what's on in Dundee for Ukrainians by Dundee City Council, please visit;  
<https://www.leisureandculturedundee.com/support-ukrainians>

Translated by Anna Yule

