

About your flu jab appointment.



When you arrive:

Wear a face mask/covering.



Use the hand sanitiser.



Keep 2 meters away from others.



The nurse will give you the flu jab in your arm.



The flu jab protects you against getting really ill with the flu.



Staff will be wearing protective clothing called PPE.

Staff will wear:

Mask

Apron

Gloves

Plastic face covering.

This is to keep everyone safe.



After your flu jab you may have:

A sore arm.

Feel a bit achy.

This is okay.



If you need to talk to someone about the flu jab telephone

0345 337 9899.